

ALUMNI

8/20/2011

Washington Park	rain 75									
NAME	M1	M2	FADE	M3	FADE	AVFD	TIME	PACE	CMP	PLACE
Varsity							2ND/2			
McAsey	5:16	5:31	15	5:26	-5	5	16:46	5:25		5/5/5
Steinhafel	5:28	5:56	28	5:45	-11	8	17:44	5:43		6/6/6
Idarraga Al	5:42	5:51	9	5:41	-10	0	17:49	5:45		11/7/7
Reardon	5:39	6:02	23	5:45	-17	3	18:01	5:49		7/9/8
Demet	5:39	5:57	18	5:50	-7	6	18:02	5:49		8/8/9
Roeske Ma	5:42	6:02	20	5:45	-17	2	18:04	5:50		10/10/10
McCarthy	5:44	6:01	17	5:48	-13	2	18:08	5:51		14/11/11
Hushek B	5:59	6:00	1	5:44	-16	-8	18:18	5:54		25/15/13
Matzuk	5:42	6:10	28	5:56	-14	7	18:24	5:56		16/13/14
Sprenger	5:43	6:03	20	6:05	2	11	18:28	5:57		13/12/15
Gray	6:08	6:20	12	6:09	-11	0	19:14	6:12		31/20/18
Meilinger B	6:16	6:21	5	6:10	-11	-3	19:25	6:16		36/23/21
Burbach J	5:53	6:27	34	6:27	0	17	19:26	6:16		19/18/22
Lopez	5:59	6:31	32	6:33	2	17	19:43	6:22		27/21/26
Deleo	6:15	6:34	19	6:19	-15	2	19:47	6:23		35/28/27
Jimenez	6:13	6:34	21	6:21	-13	4	19:47	6:23		32/26/28
Tesfamichael	6:37	6:25	-12	6:09	-16	-14	19:48	6:23		49/42/29
Hren	6:16	6:32	16	6:23	-9	4	19:50	6:24		36/27/30
Teich J	6:19	6:34	15	6:21	-13	1	19:53	6:25		43/38/31
Heinrich	6:05	6:45	40	6:25	-20	10	19:54	6:25		30/33/32
Hushek J	6:14	6:35	21	6:28	-7	7	19:56	6:26		34/29/33
Frederick	6:22	6:35	13	6:24	-11	1	20:00	6:27		45/41/34
Bridge	6:25	6:30	5	6:27	-3	1	20:01	6:27		49/39/35
Nordness	6:13	6:38	25	6:37	-1	12	20:08	6:30		33/31/38
Daley	6:18	6:50	32	6:27	-23	4	20:14	6:32		39/43/41
Luedtke	6:16	6:42	26	6:36	-6	10	20:14	6:32		38/40/40
Teich B	6:37	6:32	-5	6:34	2	-2	20:23	6:35		50/47/43
Mulhaney	6:18	6:55	37	6:30	-25	6	20:23	6:35		40/48/45
Zastrow T	6:37	6:32	-5	6:34	2	-2	20:23	6:35		51/48/44
Felser	6:39	6:37	-2	6:32	-5	-4	20:28	6:36		56/49/49
Nunez	6:33	7:22	49	6:01	-81	-16	20:33	6:38		47/52/46
Valentyn D	6:38	6:42	4	6:45	3	4	20:46	6:42		54/50/51
Andrews	6:42	7:13	31	6:22	-51	-10	20:56	6:45		63/51/52
Patterson	6:52	7:01	9	6:39	-22	-6	21:13	6:51		70/49/54
Bougie	6:49	7:11	22	6:45	-26	-2	21:26	6:55		65/59/55
Baumgartner	6:55	7:12	17	6:41	-31	-7	21:29	6:56		71/67/56
Gottsacker	6:50	7:08	18	6:50	-18	0	21:30	6:56		67/57/57
O'Callaghan	6:50	7:08	18	6:51	-17	0	21:31	6:56		66/58/57
Schultz	6:41	7:14	33	7:04	-10	12	21:42	7:00		61/53/58
Zastrow S	6:41	7:16	35	7:04	-12	12	21:44	7:01		58/56/59
Conlon	6:49	7:16	27	7:06	-10	8	21:54	7:04		65/65/60
Skalmoski	6:59	7:09	10	7:13	4	7	22:05	7:07		75/70/61
Boffeli	6:52	7:17	25	7:13	-4	10	22:06	7:08		70/77/62
Welch	6:56	7:08	12	7:18	10	11	22:06	7:08		74/63/63
Prom Ju	7:07	7:19	12	6:59	-20	-4	22:07	7:08		77/?/63
Zabala	6:40	7:20	40	7:25	5	22	22:10	7:09		57/62/64

Frommelt	7:24	7:16	-8	6:52	-24	-16	22:14	7:10		??/65
Idarraga An	7:24	7:16	-8	6:52	-24	-16	22:14	7:10		85/??/67
NAME	M1	M2	FADE	M3	FADE	AVFD	TIME	PACE	CMP	PLACE
Shultz St	6:56	7:14	18	7:20	6	12	22:15	7:11		66/71/66
Alcorta	6:35	7:26	51	7:31	5	28	22:18	7:12		53/60/68
Bretl	7:23	7:19	-4	6:59	-20	-12	22:23	7:13		82/??/70
Burbach M	6:21	6:31	10	8:59	148	79	22:46	7:21		40/32/72
Giese	6:51	7:35	44	7:35	0	22	22:47	7:21		68/73/73
Maher	7:10	7:26	16	7:29	3	10	22:50	7:22		81/??/74
Cole	7:24	7:42	18	7:07	-35	-8	22:56	7:24		84/??/74
Gabaldon	7:24	7:53	29	6:57	-56	-14	22:56	7:24		83/??/75
Nichol	7:24	7:21	-3	7:26	5	1	22:56	7:24		86/81/77
Gross	7:11	7:41	30	7:20	-21	4	22:57	7:24		80/??/76
Perea	6:52	7:28	36	7:57	29	32	23:05	7:27		69/??/78
Piszczek	7:11	7:54	43	7:39	-15	14	23:30	7:35		81/??/100
Walker A	7:51	7:37	-14	7:19	-18	-16	23:31	7:35		??/??/79
Rizzo	7:49	7:43	-6	7:17	-26	-16	23:33	7:36		??/??/80
Walker S	7:45	7:43	-2	7:21	-22	-12	23:34	7:36		??/??/81
Tjarksen	7:56	8:04	8	6:57	-67	-30	23:39	7:38		??/108/82
O'Connell	7:53	7:28	-25	7:43	15	-5	23:51	7:42		??/??/100
Krier	7:18	8:31	73	7:27	-64	4	24:01	7:45		80/??/100
Schelble	7:35	8:04	29	7:37	-27	1	24:02	7:45		??/??/100
Hovan	7:15	8:06	51	7:53	-13	19	24:02	7:45		82/??/100
Nogalski	7:50	8:00	10	7:27	-33	-12	24:02	7:45		??/??/100
Runnoe	7:45	7:17	-28	8:14	57	14	24:06	7:46		??/??/100
Pauly	7:44	8:11	27	7:28	-43	-8	24:08	7:47		??/??/100
Ries	7:44	8:06	22	7:40	-26	-2	24:17	7:50		??/??/100
White	7:35	7:52	17	8:09	17	17	24:25	7:53		??/??/100
Johnson	7:58	7:32	-26	8:08	36	5	24:27	7:53		??/101/100
Sanchez	7:53	8:10	17	8:08	-2	8	25:00	8:04		??/??/100
Singhal	7:50	8:40	50	7:43	-57	-4	25:00	8:04		??/??/100
Tank	7:52	8:48	56	7:34	-74	-9	25:00	8:04		??/??/100
Wilkins	7:52	8:28	36	7:52	-36	0	25:00	8:04		??/??/100
Kraker	8:04	8:19	15	8:06	-13	1	25:18	8:10		??/??/100
Coogan	8:03	8:39	36	7:51	-48	-6	25:21	8:11		??/??/100
Wangard	8:10	8:15	5	8:07	-8	-2	25:21	8:11		??/??/100
Harkins	7:42	8:30	48	8:19	-11	18	25:22	8:11		??/??/100
Roeske Mi	7:53	8:52	59	7:57	-55	2	25:30	8:14		??/??/100
Carlson	8:13	8:33	20	8:01	-32	-6	25:36	8:15		??/??/100
Wimmer	8:04	8:12	8	8:47	35	22	25:56	8:22		??/??/100
Shultz Sc	8:07	8:38	31	8:28	-10	10	26:04	8:25		??/??/100
Zellmer	8:06	8:48	42	8:43	-5	18	26:30	8:33		??/??/100
Drees	8:14	8:56	42	10:02	66	54	28:13	9:06		??/??/100
Major	8:12	8:50	38	10:10	80	59	28:14	9:06		??/??/100

Splits and Places are recorded at the Mile, 2 Mile, and Finish

Pace =

Time/3.1

CMP is relative to previous performance

M3=Split/1.1