

ALUMNI RUN							8/23/2014			
WASHINGTON PARK		SUNNY 77 E								
NAME	M1	M2	FADE	M3	FADE	AVFD	TIME	PACE	CMP	PLACE
Varsity							1ST/2			
DeMeulenaere	5:26	5:48	22	6:22	34	28	18:15	5:53		1/1/1
Ehrlich	5:27	6:03	36	6:11	8	22	18:19	5:55		1/1/1
Mauk	5:28	6:05	37	6:20	15	26	18:32	5:59		1/1/1
Cappon	5:31	6:12	41	6:22	10	26	18:44	6:03		1/1/1
Von Estorff	5:38	6:08	30	6:32	24	27	18:58	6:07		1/1/1
Idarraga	5:35	6:15	40	6:32	17	28	19:02	6:08		1/1/1
Guns	5:40	6:24	44	6:31	7	26	19:15	6:13		1/1/1
Fendt	5:53	6:17	24	6:32	15	20	19:22	6:15		1/1/1
Heinrich	5:21	6:04	43	7:14	70	56	19:23	6:15		1/1/1
Carter R	5:45	6:32	47	6:36	4	26	19:33	6:18		1/1/1
Bauer	5:36	6:27	51	6:59	32	42	19:44	6:22		1/1/1
McCaffrey	5:59	6:42	43	6:33	-9	17	19:54	6:25		1/1/1
Kramer	6:26	6:27	1	6:32	5	3	20:05	6:29		1/1/1
Merrill	6:04	6:38	34	6:45	7	20	20:08	6:30		1/1/1
Rauh	6:32	6:41	9	6:18	-23	-7	20:09	6:30		1/1/1
Kloser	6:42	6:49	7	6:32	-17	-5	20:43	6:41		1/1/1
Roge	6:28	7:17	49	6:19	-58	-4	20:43	6:41		1/1/1
Lyon	6:32	6:50	18	6:46	-4	7	20:49	6:43		1/1/1
Nichols	6:27	7:04	37	6:40	-24	6	20:52	6:44		1/1/1
McKenna	6:01	6:57	56	7:12	15	36	20:54	6:45		1/1/1
Wexler	6:24	6:58	34	7:27	29	32	21:34	6:57		1/1/1
White	6:54	7:06	12	7:04	-2	5	21:47	7:02		1/1/1
Silverman	6:51	7:16	25	7:06	-10	8	21:56	7:05		1/1/1
Sargent	6:45	7:23	38	7:11	-12	13	22:03	7:07		1/1/1
Shultz	6:41	8:32	111	6:18	-134	-12	22:09	7:09		1/1/1
Tallmadge	6:43	7:23	40	7:22	-1	20	22:13	7:10		1/1/1
Trzcinski	6:56	7:25	29	7:11	-14	8	22:16	7:11		1/1/1
Gasparri	6:55	7:20	25	7:23	3	14	22:23	7:13		1/1/1
Roeske	6:26	7:19	53	7:50	31	42	22:23	7:13		1/1/1
Klenz	7:12	7:41	29	6:54	-47	-9	22:29	7:15		1/1/1
DeGuire	7:13	7:23	10	7:19	-4	3	22:39	7:18	▲	1/1/1
McBride J	6:47	7:22	35	8:07	45	40	23:05	7:27	▲	1/1/1
Wahl	6:26	7:39	73	8:13	34	54	23:08	7:28	▲	1/1/1
Gamero	6:48	7:35	47	8:00	25	36	23:12	7:29	▲	1/1/1
Brooks	7:46	7:34	-12	7:09	-25	-18	23:13	7:29	▲	1/1/1
Hutt	7:06	7:44	38	7:39	-5	16	23:16	7:30	▲	1/1/1
Collopy J	7:39	7:31	-8	7:23	-8	-8	23:18	7:31	▲	1/1/1
Soper	7:04	7:45	41	7:47	2	22	23:23	7:33	▲	1/1/1
Meyer	6:38	8:10	92	8:14	4	48	23:52	7:42	▲	1/1/1
Myklebust	7:02	7:45	43	8:15	30	36	23:52	7:42	▲	1/1/1
Imp	7:31	7:49	18	7:48	-1	8	23:55	7:43	▲	1/1/1
Alba	7:03	7:53	50	8:11	18	34	23:57	7:44	▲	1/1/1
Wlodarski	7:11	7:46	35	8:21	35	35	24:09	7:47	▲	1/1/1

NAME	M1	M2	FADE	M3	FADE	AVFD	TIME	PACE	CMP	PLACE
Makowski	7:36	7:54	18	7:52	-2	8	24:10	7:48		1/1/1
Davis	7:10	7:56	46	8:19	23	34	24:15	7:49		1/1/1
Rettko	7:00	8:23	83	8:06	-17	33	24:18	7:50		1/1/1
Scheidt P	7:06	8:04	58	8:18	14	36	24:18	7:50		1/1/1
Hill J	7:32	7:57	25	8:13	16	20	24:32	7:55		1/1/1
Brodd	7:39	8:00	21	8:09	9	15	24:37	7:56		1/1/1
Bloch	7:14	8:11	57	8:25	14	36	24:41	7:58		1/1/1
Rokosz	7:24	8:15	51	8:12	-3	24	24:41	7:58		1/1/1
Pruhs N	7:16	8:16	60	8:28	12	36	24:51	8:01		1/1/1
Harrington	7:39	8:08	29	8:22	14	22	25:00	8:04		1/1/1
Montgomery	7:56	8:21	25	7:56	-25	0	25:01	8:04		1/1/1
Hill H	7:01	8:02	61	9:06	64	62	25:04	8:05		1/1/1
Jaskolski	7:59	8:16	17	8:00	-16	0	25:04	8:05		1/1/1
Meilinger	7:07	8:13	66	8:52	39	52	25:06	8:06		1/1/1
Watzka	7:40	7:52	12	8:42	50	31	25:07	8:06		1/1/1
Quick	7:38	7:52	14	8:45	53	34	25:08	8:06		1/1/1
Scheidt R	7:59	8:49	50	7:48	-61	-6	25:23	8:11		1/1/1
Collopy P	7:55	7:59	4	8:49	50	27	25:36	8:15		1/1/1
Nolan	7:18	8:33	75	9:09	36	56	25:56	8:22		1/1/1
Lodes	8:07	8:29	22	8:32	3	12	26:00	8:23		1/1/1
Lopez	7:45	8:34	49	8:48	14	32	26:00	8:23		1/1/1
Walsh	8:06	8:30	24	8:39	9	16	26:08	8:26		1/1/1
Greco	7:50	8:57	67	8:30	-27	20	26:09	8:26		1/1/1
Grandelis	8:08	8:40	32	8:31	-9	12	26:11	8:27		1/1/1
Rizzo	7:11	9:10	119	8:57	-13	53	26:12	8:27		1/1/1
Blochowicz	7:34	8:57	83	8:56	-1	41	26:21	8:30		1/1/1
Foy	8:08	9:00	52	8:22	-38	7	26:21	8:30		1/1/1
Crowley	7:25	9:11	106	9:17	6	56	26:49	8:39		1/1/1
Vogel	8:20	8:30	10	9:22	52	31	27:09	8:45		1/1/1
Schultz	8:34	9:19	45	8:28	-51	-3	27:12	8:46		1/1/1
Takton	8:06	8:58	52	9:16	18	35	27:16	8:48		1/1/1
Thorpe	8:38	8:12	-26	9:29	77	26	27:17	8:48		1/1/1
Sheffield	8:30	9:29	59	9:15	-14	22	28:10	9:05		1/1/1
Grindel	8:50	9:56	66	10:28	32	49	30:17	9:46		1/1/1
Grum	9:00	10:58	118	11:59	61	90	33:10	10:42		1/1/1
Camacho	9:26	11:05	99	11:30	25	62	33:11	10:42		1/1/1
Drake	9:40	11:21	101	11:36	15	58	33:47	10:54		1/1/1

Splits and Places are recorded at the Mile, 2 Mile, and Finish

Pace = Time/3.1

CMP is relative to previous performance

MILE 3 = Split/1.1