

WIAA STATE MEET**10/29/2011****RIDGES--WISCONSIN RAPIDS****SUNNY****50****E****5th/20**

NAME	M1	M2	FADE	M3	FADE	AVFD	TIME	PACE	CMP	PLACE
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Varsity Gold**5TH/20**

McAsey	4:58	5:11	13	5:21	10	12	16:03	5:11	-10	11/6/8 (7)
Roeske Ma	5:13	5:27	14	5:26	-1	6	16:39	5:22	-8	83/52/45 (32)
Demet	5:14	5:25	11	5:39	14	12	16:52	5:26	-3	87/51/59 (40)
Reardon	5:20	5:37	17	5:31	-6	6	17:02	5:30	-12	127/98/74 (48)
Steinhafel	5:18	5:34	16	5:37	3	10	17:03	5:30	-20	109/84/50 (50)
McCarthy	5:20	5:45	25	5:51	6	16	17:32	5:39	3	128/122/126 (81)
Heinrich	5:27	5:54	27	5:42	-12	8	17:38	5:41	-13	175/162/136 (88)

Splits and Places are recorded at the Mile, 2 Mile, and Finish**Pace = Time/3.1****CMP is relative to previous performance****M3=Split/1.1**