

GREATER METRO CONFERENCE MEET

10/15/2011

MITCHELL PARK--BROOKFIELD				55 SUNNY NE		STRONG NW				
NAME	M1	M2	FADE	M3	FADE	AVFD	TIME	PACE	CMP	PLACE
Varsity Gold							2ND/8			
McAsey	5:14	5:16	2	5:19	3	2	16:22	5:17	7	3/3/4
Roeske Ma	5:19	5:27	8	5:24	-3	2	16:43	5:24	3	10/7/7
Demet	5:19	5:32	13	5:32	0	6	16:57	5:28	3	11/10/14
Reardon	5:20	5:41	21	5:34	-7	7	17:09	5:32	3	12/18/17
Steinhafel	5:21	5:42	21	5:34	-8	6	17:11	5:33	7	17/21/20
McCarthy	5:29	5:43	14	5:33	-10	2	17:19	5:35	1	38/31/23
Idarraga Al	5:28	5:39	11	5:40	1	6	17:22	5:36	3	34/27/25
Matzuk	5:29	5:46	17	5:36	-10	4	17:25	5:37	1	37/32/27
JV							CONFERENCE CHAMPIONS!!!			1ST/8
Heinrich	5:31	5:46	15	5:36	-10	2	17:27	5:38	-88	2/1/1
Sprenger	5:29	5:49	20	5:40	-9	6	17:33	5:40	-4	1/2/2
Hushek B	5:35	5:47	12	5:42	-5	4	17:39	5:42	0	4/3/3
Siegel	5:32	5:59	27	5:46	-13	7	17:52	5:46	-7	3/4/4
De Leo	5:38	6:02	24	5:46	-16	4	18:01	5:49	-7	8/6/5
Gray	5:50	6:02	12	5:38	-24	-6	18:04	5:50	-14	27/17/6
Burbach J	5:38	6:02	24	5:50	-12	6	18:06	5:50	-8	9/5/7
Frederick	5:37	6:04	27	5:55	-9	9	18:12	5:52	0	6/7/8
Hren	5:50	6:08	18	5:47	-21	-2	18:20	5:55	-5	22/21/10
Jimenez	5:36	6:12	36	5:59	-13	12	18:24	5:56	9	5/10/13
Bougie	5:50	6:11	21	5:49	-22	0	18:25	5:56	-5	25/22/14
Tesfamichael	5:43	6:03	20	6:02	-1	10	18:25	5:56	0	16/9/15
Alcorta	5:39	6:10	31	6:01	-9	11	18:27	5:57	-2	12/11/16
Zastrow T	5:54	6:07	13	5:51	-16	-2	18:28	5:57	-3	30/23/17
Lopez	5:37	6:13	36	6:02	-11	12	18:29	5:58	-4	7/12/18
Bridge	5:54	6:13	19	5:48	-25	-3	18:30	5:58	-2	36/29/20
Nordness	5:48	6:04	16	6:02	-2	7	18:31	5:58	-13	15/18/22
Hushek J	5:39	6:13	34	6:03	-10	12	18:32	5:59	2	14/16/24
McDonough M	5:51	6:02	11	6:02	0	6	18:32	5:59	-17	26/19/25
Lyon	6:05	6:04	-1	5:55	-9	-5	18:40	6:01	-17	60/34/27
Patterson	6:03	6:03	0	5:59	-4	-2	18:42	6:02	-23	56/28/31
Fendt	6:09	6:17	8	5:46	-31	-12	18:47	6:04	-26	78/50/36
Carter R	6:05	6:08	3	5:59	-9	-3	18:49	6:04	-15	63/40/37
Baumgartner	5:58	6:11	13	6:04	-7	3	18:50	6:05	-10	48/35/38
Skalmoski	6:07	6:08	1	6:02	-6	-2	18:54	6:06	-13	70/43/39
Meilinger B	6:11	6:12	1	5:57	-15	-7	18:56	6:06	-20	86/46/41
Zastrow S	6:05	6:04	-1	6:10	6	2	18:57	6:07	-11	64/36/42
Lasky	5:53	6:12	19	6:17	5	12	19:00	6:08	-9	28/27/43
Bauer	5:59	6:15	16	6:16	1	8	19:08	6:10	-5	49/42/48
Gottsacker	6:08	6:15	7	6:09	-6	0	19:09	6:11	-15	71/49/49
Nunez	5:58	6:25	27	6:17	-8	10	19:18	6:14	1	45/47/52
Prom Ju	6:29	6:30	1	5:49	-41	-20	19:23	6:15	-14	124/92/57
Valentyn D	6:09	6:30	21	6:07	-23	-1	19:23	6:15	5	80/64/58
Pruhs	6:25	6:19	-6	6:06	-13	-10	19:27	6:16	-6	118/73/61
Zabala	6:20	6:24	4	6:09	-15	-6	19:30	6:17	-6	106/74/62
Welch	6:07	6:20	13	6:25	5	9	19:31	6:18	-6	68/57/63
Teich B	6:10	6:32	22	6:11	-21	0	19:31	6:18	2	83/71/65
Schultz	6:20	6:29	9	6:08	-21	-6	19:34	6:19	-11	112/82/66
Andrews	6:08	6:31	23	6:19	-12	6	19:36	6:19	-2	74/65/69
NAME	M1	M2	FADE	M3	FADE	AVFD	TIME	PACE	CMP	PLACE

Burbach M	6:24	6:29	5	6:11	-18	-6	19:42	6:21	-27	118/86/71
Conlon	6:17	6:31	14	6:19	-12	1	19:45	6:22	-1	100/79/79
Teich J	6:08	6:34	26	6:24	-10	8	19:45	6:22	9	77/70/80
Imp	6:27	6:33	6	6:16	-17	-6	19:54	6:25	-9	122/95/86
Felser	6:33	6:20	-13	6:26	6	-4	19:58	6:26	-1	133/85/93
Shultz St	6:09	6:39	30	6:30	-9	10	19:58	6:26	-8	81/81/92
Jochem	6:36	6:39	3	6:19	-20	-8	20:12	6:31	-26	151/116/102
Ellis	6:29	6:41	12	6:24	-17	-2	20:13	6:31	-15	126/109/105
Bretl	6:33	6:45	12	6:18	-27	-8	20:14	6:32	-17	134/122/108
Judd	6:35	6:43	8	6:18	-25	-8	20:14	6:32	-25	140/123/107
Maher	6:32	6:34	2	6:29	-5	-2	20:15	6:32	-18	131/104/111
O'Connell	6:42	6:44	2	6:15	-29	-14	20:19	6:33	-8	165/129/114
Schelble	6:34	6:49	15	6:25	-24	-4	20:27	6:36	-6	136/126/119
Boffeli	6:33	6:43	10	6:32	-11	0	20:28	6:36	-7	135/121/120
Ordman	6:10	6:54	44	6:44	-10	17	20:29	6:36	28	82/100/121
Ries	6:43	6:46	3	6:23	-23	-10	20:31	6:37	-15	167/131/122
Mulhaney	6:06	6:53	47	6:52	-1	23	20:33	6:38	27	65/94/123
Keuer	6:47	6:49	2	6:29	-20	-9	20:45	6:42	-37	178/139/127
Walker A	6:40	6:47	7	6:39	-8	0	20:46	6:42	-3	162/130/128
Hartnett	6:38	6:51	13	6:39	-12	0	20:48	6:43	-13	155/132/129
Valentyn J	6:53	6:54	1	6:24	-30	-14	20:50	6:43	-16	190/156/132
Guns	6:44	6:55	11	6:36	-19	-4	20:55	6:45	-12	171/143/137
Johnson	6:52	6:50	-2	6:34	-16	-9	20:56	6:45	-19	188/148/140
Schumacher	6:46	6:57	11	6:38	-19	-4	21:01	6:47	-16	172/149/143
Caballero	6:51	6:56	5	6:37	-19	-7	21:04	6:48	-20	186/158/146
Ullrich	6:35	7:06	31	6:45	-21	5	21:07	6:49	-10	150/147/151
Walker S	6:30	7:00	30	6:56	-4	13	21:08	6:49	-5	127/133/152
Shultz Sc	6:50	7:02	12	6:39	-23	-6	21:12	6:50	-15	181/163/154
Bennett	6:32	7:00	28	6:59	-1	14	21:13	6:51	9	134/134/156
Carragher	6:48	7:07	19	6:39	-28	-4	21:14	6:51	-4	180/169/157
Nogalski	6:52	6:55	3	6:49	-6	-2	21:18	6:52	-11	187/157/161
Harkins	6:46	7:00	14	6:52	-8	3	21:20	6:53	-24	175/155/163
Lee	6:53	6:57	4	6:51	-6	-1	21:23	6:54	-29	189/159/165
Wilkins	6:46	6:55	9	6:59	4	6	21:23	6:54	-25	174/145/166
Klein	6:46	7:07	21	6:49	-18	2	21:24	6:54	-18	173/167/167
McCormack	6:55	7:03	8	6:54	-9	0	21:34	6:57	-22	194/174/175
Runnoe	6:43	7:08	25	7:00	-8	8	21:34	6:57	-26	168/162/176
Sanchez	6:47	7:22	35	6:44	-38	-2	21:34	6:57	-12	179/162/176
White	6:47	7:06	19	6:59	-7	6	21:34	6:57	391	177/165/174
Quick	6:54	7:07	13	6:52	-15	-1	21:35	6:58	-20	192/177/177
Grebe	6:56	7:09	13	6:49	-20	-4	21:36	6:58	0	196/179/178
Gunderson	7:01	7:10	9	6:49	-21	-6	21:42	7:00	-19	200/184/181
Wimmer	7:04	7:08	4	6:56	-12	-4	21:50	7:03	-12	202/187/185
Tank	7:17	7:12	-5	6:41	-31	-18	21:51	7:03	-13	219/196/187
Pickart	6:57	7:14	17	6:59	-15	1	21:52	7:03	-15	197/185/188
Sjogren	7:09	7:19	10	6:53	-26	-8	22:03	7:07	-13	208/195/193
Sjogren	7:09	7:19	10	6:53	-26	-8	22:03	7:07	-13	208/195/193
Brooks	6:34	7:28	54	7:18	-10	22	22:04	7:07	3	139/178/190
Mullen	7:12	7:19	7	6:52	-27	-10	22:05	7:07	-29	210/199/192
Kraker	7:07	7:24	17	6:56	-28	-6	22:09	7:09	-19	206/197/195
Franz	7:14	7:25	11	6:50	-35	-12	22:11	7:09	392	215/205/196

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Hovan	6:56	7:21	25	7:11	-10	8	22:12	7:10	-20	197/188/197
Rizzo	7:13	7:19	6	6:59	-20	-7	22:14	7:10	-11	213/200/200
Hemauer	7:06	7:29	23	6:58	-31	-4	22:15	7:11	-26	204/202/201
Brodd	7:27	7:09	-18	6:58	-11	-14	22:16	7:11	400	238/203/202
Cappon	6:51	7:28	37	7:14	-14	12	22:17	7:11	14	186/190/203
Wangard	7:18	7:20	2	7:04	-16	-7	22:25	7:14	-1	222/204/205
Haggerty	7:46	7:20	-26	6:39	-41	-34	22:26	7:14	-36	248/223/206
Roeske Mi	7:19	7:31	12	6:57	-34	-11	22:29	7:15	-16	223/212/210
Steimle	7:16	7:35	19	7:13	-22	-2	22:48	7:21	-8	218/214/216
Baker	6:53	7:40	47	7:18	-22	12	22:35	7:17	9	191/201/212
McGinn B	7:16	7:34	18	7:19	-15	2	22:54	7:23	0	217/213/218
Major	7:08	7:53	45	7:15	-38	4	23:00	7:25	17	207/218/219
Kohl	7:18	7:46	28	7:14	-32	-2	23:02	7:26	416	221/219/221
Meilinger N	7:17	7:41	24	7:24	-17	4	23:07	7:27	-30	220/217/223
Rozewicz	7:38	7:43	5	7:07	-36	-16	23:11	7:29	-28	241/231/224
Handrich	7:29	7:49	20	7:11	-38	-9	23:13	7:29	-21	239/229/225
Piszczek	7:25	7:40	15	7:25	-15	0	23:15	7:30	35	231/220/226
Galati	7:14	7:51	37	7:32	-19	9	23:23	7:33	-22	214/222/229
Pauly	7:27	7:46	19	7:39	-7	6	23:38	7:37	9	230/225/233
Zellmer	7:26	8:05	39	7:26	-39	0	23:42	7:39	-26	237/230/235
McGinn T	7:38	7:54	16	7:27	-27	-6	23:44	7:39	15	242/235/236
Tarpey	7:47	7:56	9	7:26	-30	-10	23:54	7:43	-21	250/238/239
Guerin	7:46	7:57	11	7:29	-28	-8	23:57	7:44	-9	249/236/241
O'Dea	7:47	7:56	9	7:39	-17	-4	24:08	7:47	-23	251/237/242
Drees	7:57	8:04	7	7:34	-30	-12	24:21	7:51	-43	255/242/244
Schilter	8:13	9:20	67	8:22	-58	4	26:46	8:38	14	257/253/251
Heidemann	8:02	9:03	61	8:51	-12	24	26:50	8:39	17	256/252/252
Carter B	7:52	8:59	67	9:16	17	42	27:03	8:44	20	252/251/253

Splits and Places are recorded at the Mile, 2 Mile, and Finish

Pace = Time/3.1

CMP is relative to previous performance

M3=Split/1.1