

## GREATER METRO CONFERENCE

MEET  
MCCARTY  
PARK

10/13/12

NAME	M1	M2	FADE	RAINY M3	50 FADE	W AVFD	TIME	PACE	CMP	PLACE
							<b>CONFERENCE CHAMPIONS!!!</b>			
<b>Varsity</b>										
McCarthy	5:08	5:15	7	5:27	12	10	16:23	5:17	3	12/5/4
Matzuk	5:08	5:17	9	5:28	11	10	<b>16:26</b>	5:18	-9	13/8/6
Idaragga Al	5:15	5:22	7	5:30	8	8	16:41	5:23	2	27/14/9
Carter R	5:21	5:20	-1	5:42	22	10	<b>16:58</b>	5:28	-2	36/18/19
Steinhafel	5:14	5:31	17	5:46	15	16	17:06	5:31	0	23/24/23
Heinrich	5:17	5:26	9	5:49	23	16	17:07	5:31	8	34/22/25
Burbach J	5:18	5:36	18	5:55	19	18	17:25	5:37	7	38/30/28
Frederick	5:21	5:42	21	6:14	32	26	17:55	5:47	15	39/36/42
							<b>CONFERENCE CHAMPIONS!!!</b>			
<b>JV</b>										
Sprenger	5:14	5:37	23	5:49	12	18	17:16	5:34	2	1/1/1
Bauer	5:19	5:37	18	5:55	18	18	17:27	5:38	3	2/2/2
Gray	5:32	5:38	6	5:44	6	6	17:29	5:38	1	19/7/3
Daleiden	5:31	5:36	5	5:51	15	10	17:34	5:40	5	17/3/4
Burbach M	5:32	5:38	6	5:51	13	10	17:37	5:41	2	20/6/6
Idaragga An	5:32	5:38	6	5:53	15	10	17:39	5:42	1	21/5/7
O'Callaghan	5:26	5:45	19	6:01	16	18	17:49	5:45	3	5/8/8
McDonough M	5:27	5:45	18	6:00	15	16	<b>17:49</b>	5:45	-3	8/11/9
Hushek	5:26	5:45	19	6:06	21	20	17:54	5:46	-4	4/9/11
Alcorta	5:21	5:50	29	6:08	18	24	17:56	5:47	-1	3/10/12
Hren	5:33	5:43	10	6:04	21	16	17:57	5:47	2	22/12/13
De Leo	5:35	5:45	10	6:04	19	14	18:01	5:49	5	29/17/14
Valentyn D	5:30	5:48	18	6:08	20	19	<b>18:03</b>	5:49	-4	15/15/15
Fendt	5:42	5:53	11	5:55	2	6	18:06	5:50	-12	46/35/17
Bridge	5:37	5:52	15	6:08	16	16	18:14	5:53	4	37/23/20
Cappon W	5:44	5:50	6	6:03	13	10	18:14	5:53	8	57/33/21
Gasparri M	5:45	5:51	6	6:03	12	9	<b>18:16</b>	5:54	-8	59/36/22
Nunez	5:32	5:53	21	6:14	21	21	18:17	5:54	4	22/20/24
Judd	5:32	5:59	27	6:09	10	18	<b>18:18</b>	5:54	-2	38/30/25
Welch	5:41	5:55	14	6:13	18	16	18:27	5:57	2	42/41/29
Felser	5:45	5:52	7	6:15	23	15	18:30	5:58	-4	64/46/35
Jimenez	5:42	5:53	11	6:17	24	18	18:30	5:58	10	48/34/34
Giese	5:44	6:02	18	6:14	12	15	18:38	6:01	2	56/55/42
Guns	5:41	5:55	14	6:26	31	22	18:41	6:02	5	45/37/44
Patterson	5:46	5:59	13	6:20	21	17	18:44	6:03	-7	65/52/47
Gottsacker	5:45	5:57	12	6:27	30	21	<b>18:48</b>	6:04	-2	60/51/51
Skalmoski	5:56	5:56	0	6:19	23	12	18:49	6:04	2	90/62/54
Von Estorff	5:51	6:06	15	6:16	10	12	18:51	6:05	4	78/72/58
Winkel	5:53	6:01	8	6:19	18	13	<b>18:51</b>	6:05	-9	82/69/55
Mulhaney	5:44	6:04	20	6:27	23	22	18:54	6:06	-24	55/57/61
Teich J	5:45	6:05	20	6:32	27	24	19:02	6:08	2	62/59/65
Magill	6:04	6:06	2	6:15	9	6	19:03	6:09	4	106/85/67
Ehrlich	6:07	6:07	0	6:18	11	6	<b>19:10</b>	6:11	-32	110/88/71
Teich B	5:54	6:15	21	6:29	14	18	19:17	6:13	5	85/82/78
Andrews	6:04	6:08	4	6:28	20	12	19:19	6:14	9	108/86/79
Wahl	6:12	6:10	-2	6:19	9	4	19:20	6:14	-4	123/104/80
Geiser	6:03	6:14	11	6:25	11	11	19:21	6:15	2	104/95/81
Silverman	6:09	6:10	1	6:23	13	7	<b>19:21</b>	6:15	-15	115/99/82
O'Connell	6:04	6:14	10	6:24	10	10	19:21	6:15	6	105/96/83

NAME	M1	M2	FADE	M3	FADE	AVFD	TIME	PACE	CMP	PLACE
Monnat	6:09	6:11	2	6:23	12	7	<b>19:22</b>	6:15	-8	116/102/86
Sjogren	6:03	6:12	9	6:28	16	12	<b>19:22</b>	6:15	-4	101/92/85
Ordman	5:41	6:19	38	6:44	25	32	19:25	6:16	11	41/76/88
Zastrow	5:33	5:58	25	7:10	72	48	19:25	6:16	21	24/25/89
Crowley	5:56	6:19	23	6:32	13	18	<b>19:27</b>	6:16	-5	91/89/92
Mauk	6:04	6:18	14	6:26	8	11	<b>19:27</b>	6:16	-20	107/103/93
Shultz St	5:55	6:15	20	6:42	27	24	19:33	6:18	5	87/83/94
Schultz B	6:16	6:02	-14	6:40	38	12	19:39	6:20	-4	141/97/98
Boffeli	6:13	6:14	1	6:38	24	12	19:45	6:22	6	131/108/103
Prom	6:13	6:17	4	6:40	23	14	19:51	6:24	-7	132/114/104
Quick	6:18	6:21	3	6:37	16	10	19:56	6:26	1	147/117/105
Valentyn J	6:17	6:23	6	6:39	16	11	<b>19:59</b>	6:27	-3	144/119/110
Cappon S	6:03	6:20	17	6:55	35	26	20:00	6:27	-15	102/105/112
Luedtke	6:10	6:29	19	6:48	19	19	20:08	6:30	9	118/118/116
Wlodarski	6:16	6:26	10	6:49	23	16	<b>20:13</b>	6:31	-2	140/122/120
Baumgartner	5:30	6:03	33	7:53	110	72	20:14	6:32	46	14/32/123
Johnson	6:21	6:34	13	6:42	8	10	20:18	6:33	-30	153/137/125
Makowski	6:45	6:30	-15	6:26	-4	-10	20:20	6:34	-3	191/159/129
Wangard	6:12	6:34	22	6:52	18	20	20:20	6:34	9	125/126/128
Harkins	6:13	6:27	14	6:59	32	23	<b>20:21</b>	6:34	0	133/121/130
Harrington	6:23	6:41	18	6:40	-1	8	20:25	6:35	3	155/145/134
Wimmer	6:29	6:39	10	6:38	-1	4	<b>20:26</b>	6:35	-3	176/150/135
Rauh	6:43	6:32	-11	6:32	0	-6	<b>20:27</b>	6:36	-5	193/158/136
Hartnett	6:22	6:42	20	6:43	1	10	20:28	6:36	5	154/144/137
Grassman	6:24	6:41	17	6:43	2	10	20:29	6:36	1	160/146/138
Takton	6:17	6:37	20	7:01	24	22	20:38	6:39	-6	143/136/146
Gasparri P	6:21	6:47	26	6:50	3	14	<b>20:40</b>	6:40	-1	152/149/147
Raster	6:21	6:46	25	6:51	5	15	20:40	6:40	-5	151/148/148
Schumacher	6:26	6:46	20	6:48	2	11	<b>20:41</b>	6:40	-14	168/154/149
Roeske My	6:37	6:39	2	6:46	7	4	20:43	6:41	1	187/161/151
Kraker	6:16	6:49	33	7:02	13	23	20:50	6:43	6	140/147/154
Bloch	6:32	6:44	12	6:59	15	14	20:57	6:45	6	189/160/157
Braun	6:25	6:44	19	7:09	25	22	<b>21:01</b>	6:47	-5	165/151/159
Walker	6:43	6:43	0	6:55	12	6	21:03	6:47	3	188/174/160
Scheidt R	6:35	6:53	18	6:56	3	10	21:06	6:48	5	181/177/162
Grebe	6:25	6:52	27	7:08	16	22	21:08	6:49	4	161/162/163
Roeske Mi	6:37	6:52	15	6:57	5	10	21:08	6:49	9	186/180/164
Ullrich	6:43	6:54	11	6:50	-4	4	21:09	6:49	-17	190/200/166
Kohl	6:28	6:58	30	7:02	4	17	<b>21:11</b>	6:50	-11	172/173/168
Blochowicz	6:29	6:55	26	7:06	11	18	<b>21:13</b>	6:51	-1	175/171/169
Runnoe	6:27	6:47	20	7:15	28	24	21:13	6:51	27	171/156/171
White	6:31	6:56	25	7:03	7	16	21:13	6:51	9	182/176/170
Foy	6:32	6:55	23	7:04	9	16	<b>21:14</b>	6:51	-10	183/175/172
Brooks	6:13	7:00	47	7:18	18	32	21:15	6:51	-2	134/155/173
Bretl	6:28	6:52	24	7:14	22	23	21:18	6:52	8	173/165/174
Krawczyk	6:30	7:01	31	7:06	5	18	21:20	6:53	2	178/182/180
Drea	6:35	7:01	26	7:02	1	14	21:21	6:53	-5	182/186/182
Gundersen	6:24	7:00	36	7:17	17	26	21:25	6:55	11	159/168/186
Shultz Sc	6:36	7:00	24	7:17	17	20	21:37	6:58	16	184/186/188
Handrich	6:55	7:03	8	7:00	-3	2	21:41	7:00	-5	211/212/189
Ziebert	6:47	7:02	15	7:17	15	15	21:50	7:03	-36	201/207/194

NAME	M1	M2	FADE	M3	FADE	AVFD	TIME	PACE	CMP	PLACE
Anguil	6:46	7:12	26	7:10	-2	12	<b>21:52</b>	7:03	-6	198/211/196
Barczak	6:50	7:08	18	7:14	6	12	<b>21:56</b>	7:05	-1	206/213/198
Brodd	6:51	7:06	15	7:15	9	12	21:56	7:05	-16	207/209/197
Nogalski	6:46	7:12	26	7:22	10	18	22:05	7:07	-13	200/214/201
Coogan	6:58	7:12	14	7:13	1	8	22:07	7:08	-8	218/225/203
Jaskolski	6:54	7:05	11	7:24	19	15	22:08	7:08	2	210/215/204
Caballero	6:58	7:16	18	7:11	-5	6	22:09	7:09	-8	219/230/206
Zellmer	7:00	7:14	14	7:19	5	10	22:17	7:11	-9	222/231/213
Drees	7:18	7:24	6	7:13	-11	-2	<b>22:39</b>	7:18	-7	239/248/218
O'Dea	7:04	7:21	17	7:38	17	17	22:49	7:22	-8	229/239/221
Singhal	6:59	7:25	26	7:43	18	22	22:54	7:23	0	220/236/224
Michels	7:08	7:32	24	7:39	7	16	23:06	7:27	9	233/246/228
Lopez S	7:16	7:26	10	7:39	13	12	<b>23:08</b>	7:28	-10	235/249/230
Sotomayor	7:20	7:49	29	7:39	-10	10	23:34	7:36	-9	244/254/234
Scheidt P	7:18	7:57	39	7:39	-18	10	23:41	7:38	10	240/256/236
Grum	7:27	7:49	22	7:44	-5	8	<b>23:47</b>	7:40	-15	247/257/237
Klein N	7:18	7:56	38	7:52	-4	17	23:54	7:43	4	242/255/238
Medina	7:20	8:05	45	7:49	-16	14	24:02	7:45	0	243/259/240
Charapata	7:22	8:01	39	7:54	-7	16	24:05	7:46	17	245/258/241
Jenouri	8:45	10:30	105	11:39	69	87	<b>32:04</b>	10:21	-19	270/270/253

Splits and Places are recorded at the Mile, 2 Mile, and Finish

Pace = Time/3.1

CMP is relative to previous race pace.

M3 = Split/1.1

PR'S are in bold type