

GREATER METRO CONFERENCE MEET							10/15/2016			
Washington Park				62 SW Cloudy						
NAME	M1	M2	FADE	M3	FADE	AVFD	TIME	PACE	CMP	PLACE
Varsity							3RD/8			
McKenna J	5:17	5:29	12	5:40	11	12	17:01	5:29	12	5/1/6
Kozinski	5:18	5:29	11	5:43	14	12	17:05	5:31	10	10/3/7
Lyon	5:19	5:44	25	5:44	0	12	17:22	5:36	1	20/22/15
Krawczyk	5:26	5:48	22	5:39	-9	6	17:27	5:38	-7	40/29/19
Radocha	5:26	5:48	22	5:42	-6	8	17:31	5:39	-4	39/27/22
Collopy P	5:26	5:48	22	5:52	4	13	17:42	5:43	2	41/30/27
DeMichele E	5:19	5:46	27	6:08	22	24	17:50	5:45	9	21/24/32
Wahl	5:20	5:54	34	6:20	26	30	18:13	5:53	16	22/28/41
JV						CONFERENCE CHAMPIONS!!!				
McKenna C	5:22	5:50	28	5:51	1	14	17:39	5:42	-5	3/1/1
DeGuire	5:22	5:49	27	6:02	13	20	17:50	5:45	0	1/1/2
Kohr	5:22	5:55	33	6:08	13	23	18:02	5:49	1	4/3/3
Collopy J	5:26	6:04	38	6:06	2	20	18:13	5:53	4	5/4/7
Roge S	5:33	6:00	27	6:07	7	17	18:17	5:54	5	19/5/10
Woody	5:36	6:08	32	5:58	-10	11	18:18	5:54	-4	23/14/12
Friedrich	5:44	6:03	19	5:57	-6	6	18:20	5:55	-3	32/19/13
Powell	5:51	6:08	17	6:00	-8	4	18:36	6:00	-4	50/31/18
Pelis	5:37	6:07	30	6:15	8	19	18:37	6:00	3	24/15/20
Rolfs	5:44	6:10	26	6:06	-4	11	18:37	6:00	1	34/23/19
Kiesling	5:58	6:16	18	6:02	-14	2	18:53	6:05	-5	62/47/28
Niederjohn	5:45	6:14	29	6:17	3	16	18:54	6:06	6	36/32/29
McCaffrey	5:31	6:19	48	6:32	13	30	19:02	6:08	11	15/21/32
Pruhs N	5:58	6:15	17	6:11	-4	6	19:02	6:08	1	61/46/33
Tallmadge B	5:36	6:10	34	6:44	34	34	19:11	6:11	16	22/17/40
Burbach	6:07	6:19	12	6:11	-8	2	19:15	6:13	-5	82/57/43
Meuler	6:05	6:33	28	6:21	-12	8	19:38	6:20	4	78/69/54
Wexler	6:01	6:33	32	6:34	1	16	19:48	6:23	5	71/66/63
McDonough	6:05	6:35	30	6:38	3	16	19:58	6:26	0	79/72/69
Radomski	6:11	6:33	22	6:35	2	12	19:59	6:27	4	87/76/71
Sargent T	6:12	6:36	24	6:32	-4	10	20:00	6:27	5	89/81/72
Rauh	6:05	6:32	27	6:48	16	22	20:06	6:29	9	80/68/75
Koehler	6:04	6:47	43	6:36	-11	16	20:07	6:29	-1	95/84/76
Kuesel	6:20	6:38	18	6:32	-6	6	20:10	6:30	-1	103/92/79
Tallmadge J	6:34	6:35	1	6:22	-13	-6	20:10	6:30	-2	141/100/78
Bevington	6:14	6:32	18	6:44	12	15	20:11	6:31	-9	96/78/80
Rettko	6:09	6:37	28	6:44	7	18	20:11	6:31	18	86/79/81
Kearney	6:03	6:39	36	6:56	17	26	20:20	6:34	20	78/74/85
Burkle	6:23	6:38	15	6:39	1	8	20:21	6:34	-1	127/95/86
Malone	6:07	6:46	39	6:47	1	20	20:21	6:34	15	83/87/88
Klenz	6:31	6:47	16	6:34	-13	2	20:32	6:37	4	142/113/95
Nunez	6:31	6:43	12	6:49	6	9	20:44	6:41	3	132/105/100
Nichols	6:36	6:58	22	6:39	-19	2	20:54	6:45	-12	147/136/110
Pokora	6:22	6:54	32	7:02	8	20	21:01	6:47	16	112/108/115

NAME	M1	M2	FADE	M3	FADE	AVFD	TIME	PACE	CMP	PLACE
Winkel	6:35	6:46	11	7:01	15	13	21:05	6:48	13	144/118/116
DeWeerd	6:34	6:58	24	6:52	-6	9	21:06	6:48	4	139/133/117
Sanders	6:22	7:02	40	7:01	-1	20	21:08	6:49	-10	123/122/119
Miller D	6:24	6:56	32	7:06	10	21	21:09	6:49	5	130/117/120
Roziewicz	6:14	7:10	56	7:02	-8	24	21:09	6:49	3	94/120/121
Campbell	6:47	6:56	9	6:49	-7	1	21:13	6:51	19	158/140/122
Zeidler	6:33	6:57	24	7:05	8	16	21:18	6:52	-5	138/131/126
Roge E	6:36	6:57	21	7:05	8	14	21:21	6:53	10	145/135/131
Young	6:38	7:02	24	7:12	10	17	21:36	6:58	13	148/138/138
DeMichele D	6:38	7:15	37	7:06	-9	14	21:42	7:00	7	154/147/140
Thorpe	7:03	7:05	2	7:00	-5	-2	21:51	7:03	-39	183/158/146
Sereno	6:47	7:08	21	7:19	11	16	21:59	7:05	12	158/149/148
Pruhs L	7:08	7:28	20	6:53	-35	-8	22:11	7:09	4	188/180/152
Lopez	6:36	7:33	57	7:22	-11	23	22:16	7:11	38	155/159/153
Landowski	6:53	7:26	33	7:14	-12	10	22:17	7:11	10	165/168/156
Nagisetty	6:38	7:21	43	7:32	11	27	22:17	7:11	-2	152/153/154
Coffou	7:08	7:28	20	6:59	-29	-4	22:17	7:11	-5	189/179/155
Sargent J	7:00	7:19	19	7:17	-2	8	22:20	7:12	7	178/166/158
Dahm	6:53	7:22	29	7:22	0	14	22:22	7:13	13	164/165/160
Neugent	6:45	7:29	44	7:41	12	28	22:42	7:19	0	157/164/166
Krol	7:01	7:28	27	7:31	3	15	22:46	7:21	-3	180/174/169
Thoma	6:55	7:34	39	7:32	-2	18	22:47	7:21	-4	169/172/170
Cesarz D	6:59	7:33	34	7:32	-1	16	22:50	7:22	17	177/178/173
Pienkos	6:55	7:34	39	7:37	3	21	22:52	7:23	-1	168/171/176
Skelton	7:02	7:36	34	7:29	-7	14	22:52	7:23	13	182/183/175
Griffin	7:11	7:46	35	7:19	-27	4	23:00	7:25	8	192/193/181
Gallegos	7:09	7:21	12	7:53	32	22	23:11	7:29	13	190/182/185
Rochman	6:54	7:19	25	8:14	55	40	23:17	7:31	20	166/163/186
Walsh	7:27	7:45	18	7:23	-22	-2	23:20	7:32	-2	204/197/188
Capper	7:27	7:50	23	7:23	-27	-2	23:25	7:33	-6	203/200/190
O'Shea	7:24	7:49	25	7:37	-12	6	23:36	7:37	5	198/198/192
Contreras	6:59	7:39	40	8:23	44	42	23:52	7:42	15	173/181/196
Garcia-Velez	7:07	7:54	47	8:09	15	31	24:00	7:45	16	187/194/197
Sohn	7:24	7:43	19	8:05	22	20	24:01	7:45	11	199/196/198
Gross	7:34	7:56	22	7:49	-7	8	24:07	7:47	5	206/202/200
Johnson	7:00	8:22	82	7:59	-23	30	24:10	7:48	33	179/201/208
Meyer	7:36	7:54	18	7:55	1	10	24:13	7:49	1	209/202/201
Miller L	7:26	8:04	38	7:56	-8	15	24:14	7:49	12	201/204/202
Dampare	7:29	8:03	34	8:22	19	26	24:45	7:59	8	205/206/204
Wildt	7:25	8:08	43	8:29	21	32	24:54	8:02	23	200/208/206
Mansfield	7:36	8:20	44	8:19	-1	22	25:05	8:05	23	215/211/207
Orthober	7:37	8:22	45	8:30	8	26	25:21	8:11	20	216/213/209
Pruhs S	7:35	8:26	51	8:36	10	30	25:29	8:13	-20	207/214/211
Doherty	7:26	8:37	71	8:46	9	40	25:42	8:17	27	202/215/212
Redding	7:56	8:22	26	8:36	14	20	25:46	8:19	28	214/218/214
Woodward	7:36	8:23	47	8:53	30	38	25:46	8:19	24	210/212/213

NAME	M1	M2	FADE	M3	FADE	AVFD	TIME	PACE	CMP	PLACE
Klein	8:24	9:28	64	9:39	11	38	28:29	9:11	20	223/225/223
Mukana	7:49	9:35	106	11:06	91	98	29:37	9:33	25	219/224/226
Barrett	6:33	7:00	27	7:05	5	16	21:21	6:53	-16	137/134/130
Splits and Places are recorded at the Mile, 2 Mile, and Finish										
Pace = Time/3.1										
CMP is relative to previous performance										
PRs are in Bold Type										
MILE 3 = Split/1.1										