

**RETRO
METRO**

9/8/2012

Washington Park				Sunny 75						
NAME	M1	M2	FADE	M3	FADE	AVFD	TIME	PACE	CMP	PLACE
Varsity Blue							2ND/6			
Heinrich	5:33	6:02	29	6:12	10	20	18:25	5:56	3	2/3/3
Carter R	5:38	6:08	30	6:04	-4	13	18:27	5:57	-1	4/4/4
Hushek	5:46	6:17	31	6:20	3	17	19:02	6:08	3	13/10/10
Burbach M	5:53	6:19	26	6:15	-4	11	19:05	6:09	6	15/14/12
Nunez	5:45	6:19	34	6:26	7	20	19:09	6:11	12	9/12/13
Valentyn D	5:46	6:18	32	6:31	13	22	19:15	6:13	10	11/11/14
Fendt	6:14	6:15	1	6:12	-3	-1	19:19	6:14	9	25/18/15
Jimenez	5:55	6:32	37	6:36	4	20	19:43	6:22	21	16/16/18

NAME	M1	M2	FADE	M3	FADE	AVFD	TIME	PACE	CMP	PLACE
JV							1ST/6			
Gray	5:44	5:56	12	6:06	10	11	18:23	5:56	-13	4/1/1
Idaragga An	5:42	6:06	24	6:19	13	18	18:46	6:03	-10	3/2/2
De Leo	5:42	6:21	39	6:31	10	24	19:14	6:12	7	2/3/3
McDonough M	5:40	6:28	48	6:30	2	25	19:18	6:14	4	1/4/4
O'Callaghan	5:50	6:32	42	6:24	-8	17	19:25	6:16	-6	5/6/5
Zastrow	6:03	6:20	17	6:24	4	10	19:26	6:16	-10	14/8/6
Mulhaney	5:51	6:38	47	6:19	-19	14	19:27	6:16	0	6/10/7
Gasparri M	6:12	6:24	12	6:13	-11	0	19:27	6:16	-14	19/12/8
Cappon W	5:56	6:25	29	6:29	4	16	19:29	6:17	1	9/5/9
Guns	5:51	6:32	41	6:27	-5	18	19:29	6:17	8	7/7/10
Alcorta	6:11	6:25	14	6:22	-3	6	19:37	6:20	5	18/11/11
Teich J	5:55	6:29	34	6:38	9	22	19:42	6:21	2	8/9/12
Teich B	6:11	6:27	16	6:31	4	10	19:49	6:24	5	17/13/13
Daley	5:56	6:48	52	6:42	-6	23	20:07	6:29	11	11/16/14
Welch	6:00	6:39	39	6:52	13	26	20:13	6:31	7	13/14/15
Judd	5:57	6:49	52	6:48	-1	26	20:15	6:32	1	12/17/16
Baumgartner	5:56	6:45	49	6:57	12	30	20:20	6:34	0	10/15/17
Giese	6:10	6:48	38	6:43	-5	16	20:22	6:34	10	15/19/18
Gottsacker	6:22	6:30	8	6:49	19	14	20:23	6:35	15	22/18/19
O'Connell	6:29	6:31	2	6:46	15	8	20:27	6:36	5	21/20/20
Schultz B	6:26	6:47	21	6:49	2	12	20:44	6:41	9	26/24/21
Winkel	6:25	6:45	20	6:55	10	15	20:47	6:42	25	24/22/22
Skalmoski	6:25	6:44	19	7:01	17	18	20:53	6:44	5	25/21/23
Wahl	6:38	6:47	9	6:48	1	5	20:54	6:45	11	33/27/24
Shultz St	6:11	7:00	49	7:08	8	28	21:02	6:47	-1	16/23/25
Lopez D	6:16	7:06	50	6:59	-7	22	21:03	6:47	-4	20/25/26
Boffeli	6:29	6:58	29	7:02	4	16	21:12	6:50	-26	29/29/27
Ries	6:28	6:58	30	7:06	8	19	21:15	6:51	-3	27/28/28
Myklebust	6:30	6:55	25	7:09	14	20	21:18	6:52	-3	30/26/29
Frommelt	6:28	7:04	36	7:04	0	18	21:19	6:53	5	28/30/30
Raster	6:43	6:50	7	7:06	16	12	21:22	6:54	-18	37/31/31
Silverman	6:59	6:56	-3	6:50	-6	-4	21:27	6:55	25	58/36/32
Geiser	6:47	7:05	18	6:54	-11	4	21:28	6:55	0	41/35/33
Monnat	6:56	7:03	7	6:50	-13	-3	21:31	6:56	9	52/39/34
Sjogren	6:47	7:05	18	7:01	-4	7	21:36	6:58	12	40/34/35
Simon	6:55	7:03	8	6:58	-5	2	21:38	6:59	-66	51/38/36
Schumacher	6:32	7:12	40	7:14	2	21	21:42	7:00	-7	31/33/38
Rauh	7:01	7:07	6	6:59	-8	-1	21:49	7:02	-6	62/44/39

NAME	M1	M2	FADE	M3	FADE	AVFD	TIME	PACE	CMP	PLACE
Skipper	6:52	7:16	24	7:00	-16	4	21:51	7:03	-10	44/45/40
Quick	7:00	7:07	7	7:02	-5	1	21:52	7:03	1	60/43/41
Makowski	6:57	7:04	7	7:10	6	6	21:55	7:04	-13	54/41/42
Valentyn J	6:49	7:11	22	7:12	1	12	21:56	7:05	17	43/40/43
Crowley	6:59	7:17	18	7:05	-12	3	22:04	7:07	-36	59/50/44
Singhal	6:46	7:17	31	7:26	9	20	22:14	7:10	7	39/42/45
Roeske Mi	6:49	7:24	35	7:18	-6	14	22:15	7:11	-21	42/48/46
Runnoe	6:40	7:16	36	7:35	19	28	22:17	7:11	2	36/37/47
Wangard	6:52	7:17	25	7:29	12	18	22:23	7:13	14	45/46/48
Hartnett	6:55	7:56	61	6:51	-65	-2	22:24	7:14	18	50/54/50
Roeske My	6:57	7:25	28	7:19	-6	11	22:26	7:14	21	53/56/51
Mauk	7:06	7:27	21	7:13	-14	4	22:30	7:15	38	70/64/52
Wimmer	7:05	7:18	13	7:22	4	8	22:30	7:15	-1	68/58/53
Shultz Sc	6:57	7:23	26	7:28	5	16	22:33	7:16	-1	55/52/54
Grassman	6:58	7:26	28	7:25	-1	14	22:34	7:17	-29	57/59/55
Brooks	6:34	7:48	74	7:31	-17	28	22:39	7:18	-28	32/55/58
Brodd	7:08	7:25	17	7:28	3	10	22:46	7:21	29	73/63/59
Mullen	7:06	7:25	19	7:30	5	12	22:47	7:21	-28	69/62/60
Harrington	6:53	7:30	37	7:41	11	24	22:51	7:22	-43	46/57/62
Coogan	7:06	7:32	26	7:29	-3	12	22:53	7:23	8	72/66/63
Grebe	6:58	7:27	29	7:42	15	22	22:54	7:23	-3	56/60/65
Ullrich	7:01	7:30	29	7:37	7	18	22:54	7:23	12	63/61/66
Bloch	6:39	7:36	57	7:52	16	36	22:55	7:24	-3	34/49/67
Harkins	7:05	7:29	24	8:00	31	28	23:23	7:33	-7	67/65/68
Wlodarski	7:23	7:45	22	7:30	-15	4	23:24	7:33	-7	80/77/69
Ehrlich	7:40	8:01	21	7:01	-60	-20	23:25	7:33	19	93/82/70
Johnson	7:27	7:39	12	7:34	-5	4	23:26	7:34	-50	86/75/71
Gundersen	6:50	7:30	40	8:19	49	44	23:30	7:35	-25	114/109/102
Nogalski	7:08	7:54	46	7:43	-11	18	23:32	7:35	-5	75/73/72
Kraker	7:00	7:50	50	8:00	10	30	23:39	7:38	31	61/70/73
Handrich	7:16	8:06	50	7:37	-29	10	23:45	7:40	-34	78/79/74
Ziebert	7:14	7:53	39	7:51	-2	18	23:46	7:40	-51	76/76/75
Krawczyk	7:01	7:51	50	8:09	18	34	23:51	7:42	-5	64/71/76
Scheidt R	7:27	7:54	27	8:15	21	24	24:26	7:53	-10	81/78/81
Drees	7:52	8:07	15	7:43	-24	-4	24:29	7:54	-31	99/92/83
Blochowicz	7:48	7:54	6	8:08	14	10	24:39	7:57	-10	94/84/84
Charapata	7:53	8:01	8	8:04	3	6	24:47	8:00	29	100/90/88
Schultz J	7:40	7:57	17	8:19	22	20	24:47	8:00		92/81/87
Anguil	7:40	8:12	32	8:14	2	17	24:56	8:03	10	91/88/89
O'Dea	7:49	8:09	20	8:09	0	10	24:56	8:03	2	97/91/90
Jaskolski	7:56	8:20	24	8:04	-16	4	25:09	8:07	-54	103/98/92
Lopez S	7:53	8:20	27	8:16	-4	12	25:19	8:10	-24	101/96/94
Michels	7:38	8:25	47	8:33	8	28	25:28	8:13	0	89/93/95
Barczak	7:39	8:28	49	8:35	7	28	25:34	8:15	2	90/95/97
Medina	8:10	8:17	7	8:24	7	7	25:42	8:17		105/103/99
Klein N	7:57	8:21	24	8:37	16	20	25:47	8:19		104/101/101
Zellmer	7:49	8:45	56	8:34	-11	22	26:00	8:23	19	98/104/103
Enriquez	7:55	8:39	44	8:51	12	28	26:19	8:29	55	102/105/106
Gratz	8:23	8:41	18	9:09	28	23	27:09	8:45	-38	107/108/108
Sotomayor	8:25	8:55	30	9:16	21	26	27:32	8:53		111/111/110
Scheidt P	9:13	8:12	-61	9:17	65	2	27:38	8:55	5	112/113/111
Grum	9:20	10:28	68	9:01	-87	-10	29:44	9:35	6	114/115/115
Jenouri	11:11	14:13	182	14:10	-3	90	41:00	13:14		116/116/116

Splits and Places are recorded at the Mile, 2 Mile, and Finish

Pace =

Time/3.1

CMP is relative to previous race pace.

M3 = Split/1.1

PR'S are in bold type