

FOREST PARK CC FESTIVAL

9/10/2011

80 RAIN & OC

FOREST PARK--ST. LOUIS

NAME	M1	M2	FADE	FIRM M3	FADE	FIRM AVFD	TIME	PACE	CMP	PLACE
Varsity Gold							5TH/33			
McAsey	4:57	5:15	18	5:14	-1	8	15:58	5:09	-8	24/18/20
Demet	5:17	5:24	7	5:23	-1	3	16:37	5:22	-10	97/55/46
Roeske Ma	5:25	5:29	4	5:19	-10	-3	16:45	5:24	-16	144/85/50
Steinhafel	5:18	5:37	19	5:26	-11	4	16:54	5:27	-17	101/88/65
Idarraga Al	5:25	5:31	6	5:35	4	5	17:05	5:31	-15	146/96/81
Reardon	5:25	5:35	10	5:34	-1	4	17:08	5:32	-12	143/99/86
McCarthy	5:25	5:50	25	5:26	-24	0	17:14	5:34	-16	148/122/98
Hushek B	5:25	5:29	4	6:20	51	28	17:53	5:46	5	145/86/145

Splits and Places are recorded at the Mile, 2 Mile, and Finish

Pace = Time/3.1

CMP is relative to previous performance

M3=Split/1.1