

FOREST PARK CC FESTIVAL

9/14/2013

**SUNNY
75 NE
BREEZE**

FOREST PARK--ST. LOUIS

NAME	M1	M2	FADE	M3	FADE	AVFD	TIME	PACE	CMP	PLACE
Varsity Gold										18TH/37
Carter R	5:27	5:29	2	5:27	-2	0	16:56	5:28	-12	139/95/73
Heinrich	5:26	5:31	5	5:29	-2	2	17:00	5:29	-25	137/97/81
Burbach	5:28	5:33	5	5:27	-6	0	17:01	5:29	-9	155/103/84
Mauk	5:30	5:55	25	5:34	-21	2	17:33	5:40	-17	182/159/129
Sprenger	5:28	5:48	20	5:42	-6	7	17:33	5:40	-10	152/135/131
Steinhafel	5:29	5:55	26	5:40	-15	6	17:39	5:42	-4	157/153/142
De Leo	5:31	6:01	30	5:34	-27	2	17:40	5:42	-14	183/169/145
Idaragga	5:30	5:56	26	5:43	-13	6	17:44	5:43	-12	179/158/148
Fendt	5:44	5:58	14	5:47	-11	2	18:04	5:50	-12	242/230/193

Splits and Places are recorded at the Mile, 2 Mile, and Finish

Pace = Time/3.1

CMP is relative to previous performance

MILE 3 = Split/1.1