

			GMC Championships @ Sussex					80 Degrees			
			5/20/14							Wind W/SW, N, East Late 5-10	
			Varsity							Mostly Sunny & Nice - Warm	
4 x 800	8:24.89	3rd									
Poorman			Conlon			Idarraga			Matzuk		
00:28.4			00:30.6			00:29.6			00:29.7		
00:31.4	00:59.8		00:32.2	01:02.8		00:30.8	01:00.4		00:31.5	01:01.2	
00:31.6		00:02.7	00:33.2		00:04.5	00:32.3		00:04.7	00:33.1		00:04.6
00:30.9	01:02.5		00:34.1	01:07.3		00:32.8	01:05.1		00:32.7	01:05.8	
02:02.3	PR		02:10.1			02:05.5	PR		02:07.0		8:24.89
	3.5						0.9				
1600											
Heinrich			Cappon			Mauk					
00:35			00:36			00:36					
00:35	01:09		00:34	01:11		00:36	01:12				
00:32			00:34			00:37					
00:33	01:06	02:15	00:36	01:11	02:21	00:39	01:15	02:28			
00:35			00:38			00:39					
00:34	01:09	00:04	00:40	01:17	00:14	00:39	01:18	00:06			
00:31			00:41			00:39					
00:31	01:02	02:11	00:37	01:18	02:35	00:37	01:16	02:33			
4:25.95	PR		4:56.58			5:00.91					
2nd	3.0										
800											
Heinrich			Matzuk			von Estorff					
00:29.3			00:30.6			00:31.0					
00:29.3	00:58.6		00:31.0	01:01.6		00:31.7	01:02.7				
00:29.6		00:00.7	00:32.8		00:03.1	00:32.5		00:02.4			
00:29.7	00:59.3		00:31.9	01:04.7		00:32.6	01:05.1				
1:57.87			2:06.31			2:07.76	PR				
1st							5.1				
3200											
Burbach			Bauer			DeMeulenaere					
00:36			00:36			00:36					
00:38	01:14		00:38	01:14		00:38	01:14				
00:38			00:38			00:38					
00:38	01:15	02:30	00:38	01:15	02:30	00:38	01:15	02:30			
00:38			00:38			00:38					
00:38	01:15	05:01	00:38	01:15	05:04	00:39	01:16	05:04			
00:37			00:38			00:39					
00:38	01:15	02:31	00:40	01:18	02:34	00:39	01:18	02:34			
00:39			00:41			00:41					
00:40	01:19	00:15	00:42	01:23	00:31	00:42	01:23	00:33			
00:40			00:42			00:43					
00:41	01:21	02:41	00:43	01:25	02:48	00:45	01:28	02:51			
00:40			00:43			00:45					
00:39	01:19	05:16	00:42	01:25	05:35	00:45	01:30	05:37			
00:40			00:41			00:41					
00:37	01:16	02:35	00:41	01:22	02:47	00:35	01:16	02:46			
10:16.42			10:38.58			10:40.33					
6th											