

MUHS Distance Group - Top 20 Freshman Performers 1980 - 2015

<u>800</u>		
1	Mark Meyer	02:00.2 82
2	Freddy Poorman	2:00.1 R-1 14
3	Will Casey	2:02.1R-1 07
4	Andy Indresano	2:02.49 96
5	Ben Sprenger	2:04.6R-4 11
6	Jeremy Gintoft	02:04.9 90
7	Mike Papin	02:05.5 87
8	Jack Heinrich	2:06.1R-1 12
9	Quinn Gleisner	2:07.29 06
10	Tyler Loftus	02:08.1 01
11	Ken Joung	02:09.4 84
	Jim Boston	02:09.4 02
13	Chris Limbach	2:09.89 02
14	Joe Calvey	02:09.8 87
15	Ben Possi	02:10.7 06
16	Colin Mckean	02:10.8 98
17	Tom O'Brien	02:11.0 80
18	Ben Black	02:11.4 93
	Michael Reardon	2:11.4 R-2 09
20	Lincoln Fowler	02:11.7 82

<u>1600</u>		
1	Jeremy Gintoft	04:32.0 90
A	Jack Heinrich	4:32.61 12
2	Mark Meyer	04:32.6 82
3	Will Casey	4:33.93 07
4	Jack Heinrich	4:39.58 12
5	Mike Papin	04:44.2 87
6	Chris Limbach	04:46.3 02
7	John Frieseke	04:47.2 81
8	Dave Sheridan	04:47.8 86
9	Tyler Loftus	04:48.1 01
10	Dave Peterson	04:48.9 85
11	Paul Burkhardt	04:49.1 87
12	Oscar Cepeda	04:49.2 81
13	Ben Sprenger	4:50.53 11
14	Jake Erschen	4:50.58 07
15	Tom O'Brien	04:50.9 80
16	Jordan Megna	04:51.1 05
17	Kyle Pollard	04:51.8 03
18	Kindy Tice	04:51.9 03
19	Jake Remitz	04:52.0 97
20	Dan Dwyer	04:52.4 83

<u>3200</u>		
1	Will Casey	10:01.22 07
2	Mark Meyer	10:04.8 82
3	Jake Remitz	10:09.42 97
4	Jeremy Gintoft	10:10.0 90
5	Jack Heinrich	10:13.26 12
6	Chris Limbach	10:15.1 02
7	John Brust	10:19.4 87
8	Sean Royer	10:22.12 07
9	Ben Sobczak	10:22.2 01
10	John Frieseke	10:24.6 81
11	Mike Frohmader	10:25.12 07
12	Mike Papin	10:26.5 87
	Matt Buck	10:30.0 83
14	Ben Possi	10:30.0 06
15	Dan Cleary	10:33.6 80
16	Tom Enright	10:33.85 10
17	Joe Costa	10:33.8 85
18	Paul Fleming	10:35.7 83
19	Jake Erschen	10:37.3 07
20	Liam O'Neill	10:38.1 93

A. Heinrich's 4:32.61 is converted from a 4:34.20 run at the Wisco Mile on 6/6/12