

MUHS Distance Group - Top 20 Sophomore Performers 1980 - 2015

<u>800</u>			<u>1600</u>		
1 Jack Heinrich	1:59.10	13	1 Jeremy Gintoft	04:24.2	91
2 Will Casey	2:00.51	08	2 Jack Heinrich	4:29.61	13
3 Mike Papin	02:01.7	88	3 Chris Limbach	4:30.2R	03
4 Chris Limbach	2:02.09	03	4 Dave Sheridan	04:30.9	87
5 Ben Sprenger	2:02.86	12	5 Liam O'Neill	04:31.6	94
6 Colin McKean	2:02.92	99	6 Will Casey	4:35.09	08
7 Ryan Matzuk	2:03.33	12	7 Jake Remitz	4:35.92	98
8 Dave Sheridan	02:04.1	87	8 Colin McKean	4:36.18	99
Jeremy Gintoft	02:04.1	91	9 Sean Royer	4:36.44	08
10 Andy Indresano	2:04.46	97	10 Dave Peterson	04:37.0	86
11 Tim Sweeney	2:05.77	07	11 Riley DeMeulenaere	4:37.71	14
12 Michael Reardon	2:05.98	10	12 Tim Malloy	04:38.4	83
Riley DeMeulenaere	2:05.98	14	13 Joe McAsey	4:40.00	10
14 Joe Calvey	02:06.0	88	14 Dan Cleary	04:39.9	81
15 Quinn Gleisner	2:06.64	07	15 David Demet	4:40.89	10
16 Bill Cieslik	02:06.5	88	16 Andy Toohill	04:40.9	83
17 Andy Lelinski	02:06.6	00	17 Dan Huhn	04:41.1	89
18 Brian Allen	02:06.7	81	18 Ben Possi	04:41.9	07
19 Dave Peterson	02:06.9	86	19 Jordan Megna	4:42.14	06
20 Seamus Regan	02:07.2	03	20 Ben Sprenger	4:42.50	12

Relay Splits 2002-15

			<u>3200</u>		
1 Chris Limbach	01:56.9	03	1 Jeremy Gintoft	09:41.5	91
2 Jack Heinrich	01:58.3	13	2 Chris Limbach	09:45.5	03
3 Riley DeMeulenaere	02:00.6	14	3 Liam O'Neill	9:53.49	94
4 Tim Sweeney	02:01.4	07	4 Jake Remitz	9:57.69	98
5 Will Casey	02:02.2	08	5 Joe McAsey	10:00.39	10
6 Quinn Gleisner	02:02.6	07	6 Jake Erschen	10:00.84	08
7 Sean Royer	02:03.2	08	7 John Brust	10:03.9	88
8 Tyler Loftus	02:05.1	02	8 Ben Possi	10:04.24	07
9 Ben Sprenger	02:05.2	12	9 John Fleming	10:05.5	82
10 Kindy Tice	02:05.9	04	10 Javier Ibarra	10:05.9	90
11 Patrick O'Neill	02:06.0	02	11 Ken Haggerty	10:08.0	80
12 James McKenna	02:06.1	15	12 Jack Heinrich	10:09.71	13
13 Michael Reardon	02:07.0	10	13 Colin McKean	10:09.80	99
14 Jake Erschen	02:07.6	08	14 Will Casey	10:12.02	08
Tom Enright	02:07.6	11	15 Steve Wellenstein	10:13.3	83
16 Ryan Matzuk	02:08.1	12	16 Matt Brusky	10:14.3	86
17 Ryan Carter	02:08.6	13	17 John Meuler	10:14.89	98
18 Seamus Regan	02:08.8	03	18 Tom Enright	10:17.3	11
19 Gio Kobakhidze	02:08.9	03	19 Kyle Pollard	10:17.70	04
20 Tim Zellmer	02:09.5	09	20 Bill Jones	10:17.84	06